

D101.68:

7/12

december 1974

# HALLMARK

united states army security agency



JAN 1975



Happy Holidays

## Clemency—A Mixed Reaction

Reaction to President Gerald Ford's Clemency Program remains high. The program, which was designed to ease tension; was received with mixed emotion by all Americans.

One ASA soldier; when asked "What was your reaction to President Gerald Ford's announcement of the Clemency Program," said he felt it was only "a gesture to the American people."

Another's introspection was reflected in a comment by a Specialist Four Vietnam vet: "Those who took the oath of enlistment, those who broke that oath and deserted should fall under the same law which would prosecute me if I desert today.

"Those who evaded the draft and endeavored to live by their own ideals should be granted clemency under President Ford's program."

Opinions from other ASA individuals show the wide range of feeling on this sometimes emotional subject.

### *Timely solution...*

"Being familiar with the actual effect of a voluntary 'turn in' or surrender, I think it is a timely focusing of attention on a festering problem. These misguided deserters and draft dodgers need encouragement to be responsible citizens and be men enough to pay the necessary reasonable price for the momentary weakness when their country's armed forces needed them. They should not be patted on the head and told 'you poor boy, you were right in ducking one of your first obligations of citizenship—military service.'

"These misguided individuals should be processed under the guidelines set out by President Ford. The other individuals who gave secrets to our enemies such as Ramsey Clark, Jane Fonda and Ellsberg should be tried before a star chamber people's court and if found guilty, summarily executed."

**COL**

### *It's all a question of politics...*

"Mr. Gerald Ford said he pardoned Mr. Nixon to help us quickly forget two years of torment from Watergate. Then why not offer complete amnesty to help forget 10 years of Vietnam involvement? These people aren't criminals, they're individuals who stood up for something they believed in and should not have to work their way back into a society they should

never have had to leave. They committed no moral crime. Maybe if more of us had stood up in the first place, this whole mess could have been avoided."

**SP4**

### *Basic approach is right...*

"I think that the basic approach of the program is right, but that the timing was wrong. A better time to announce the program would have been when the POWs were returning; at that time, everyone was ready to see an end to Vietnam. However, since that time attitudes have hardened on both sides. President Nixon lost a golden opportunity to appear magnanimous."

**GS12**

"I think that a resolution to this problem which is still dividing the country, is a 'must'. Those who oppose amnesty or clemency of any sort refuse to face up to the fact that sooner or later this problem must be resolved. The President's Clemency Program, though not ideal, does give each deserter and draft evader his 'day in court'.

"Based on the circumstances in each individual case, the Clemency Board will assess a sentence. These sentences (alternative service) are mild compared to sentences adjudged for similar offenses committed during wartime. I don't believe it is the best solution to the problem, but it is a solution, and it is better than doing nothing.

"To grant complete amnesty would be unfair since it would not distinguish between those who deserted because of religion or conscience from those who deserted to avoid disciplinary action under the UCMJ."

**GS12**

"I believe a blanket acceptance or rejection of the Clemency Program is not possible. With regard to draft evaders, alternative service offers a fair and compassionate alternative in view of the fact that they did break the law of the land.

"Those who deserted however, present another situation. They not only broke the law (UCMJ), but they also violated the oath of allegiance to this Nation which they freely took when they entered the service. It is because of their swearing allegiance and breaking this oath that I think they should not be offered any type of clemency."

**CPT**

D101.68.7/12

**the**  
**HALLMARK**  
 united states army security agency

december 1974

Volume 7

No.12

December 1974

*Published monthly in support of U.S.  
Army information objectives*

- The Non-Defenders
- SGM Academy
- Spotlight
- Volunteer Army
- Alamo Station
- Beat This
- Pass in Review
- The Old Crows Convention
- New Vice Chief of Staff
- A Tribute to CSM Roth
- Getting Loaded
- New program helps ASA
- Bicentennial News
- R & R
- Hall's Angels
- ASA Day—A Roundup
- Science and Medicine
- Where did all the Car Pools Go?
- Retroactive Pay and Taxes
- Football Frolics
- Denim Sails the Seven Seas
- Ideas and Opinions

In  
this  
Issue

2	
4	
5	
6	
7	
7	
8	
10	
11	
11	
12	
12	
13	
14	
16	
17	
18	
20	
21	
22	
24	
25	



**Our Cover**—Who's visiting the General's office? Our jolly friend is filling key Christmas stockings with wishes of peace for the New Year.

The cardboard model for our cover was designed and constructed by Ron Crabtree. Photo by SP5 Blaine C. Billings.



## To All Members Of The United States Army Security Agency

It is a sincere pleasure to extend my personal greetings and best wishes to the members of the US Army Security Agency and to their families for a joyous holiday season. Each year at this time we look forward to the renewal of brotherhood, the promise of good will, and justice for mankind. We are also provided with an opportunity to pledge ourselves to achieving and maintaining a more secure and peaceful world.

Special thoughts and best wishes to those performing their vital duties far from their homes and loved ones. By your willingness to defend freedom and human rights you are contributing directly to the preservation of the ideals for which Christmas stands.

I wish you all a Merry Christmas and hope that the New Year will bring each member of the Command the peace and sense of accomplishment for which we have worked so long.

*George A. Godding*

**GEORGE A. GODDING**  
**Major General USASA**  
**Commanding**

MAJOR GENERAL GEORGE A. GODDING, Commander, US Army Security Agency

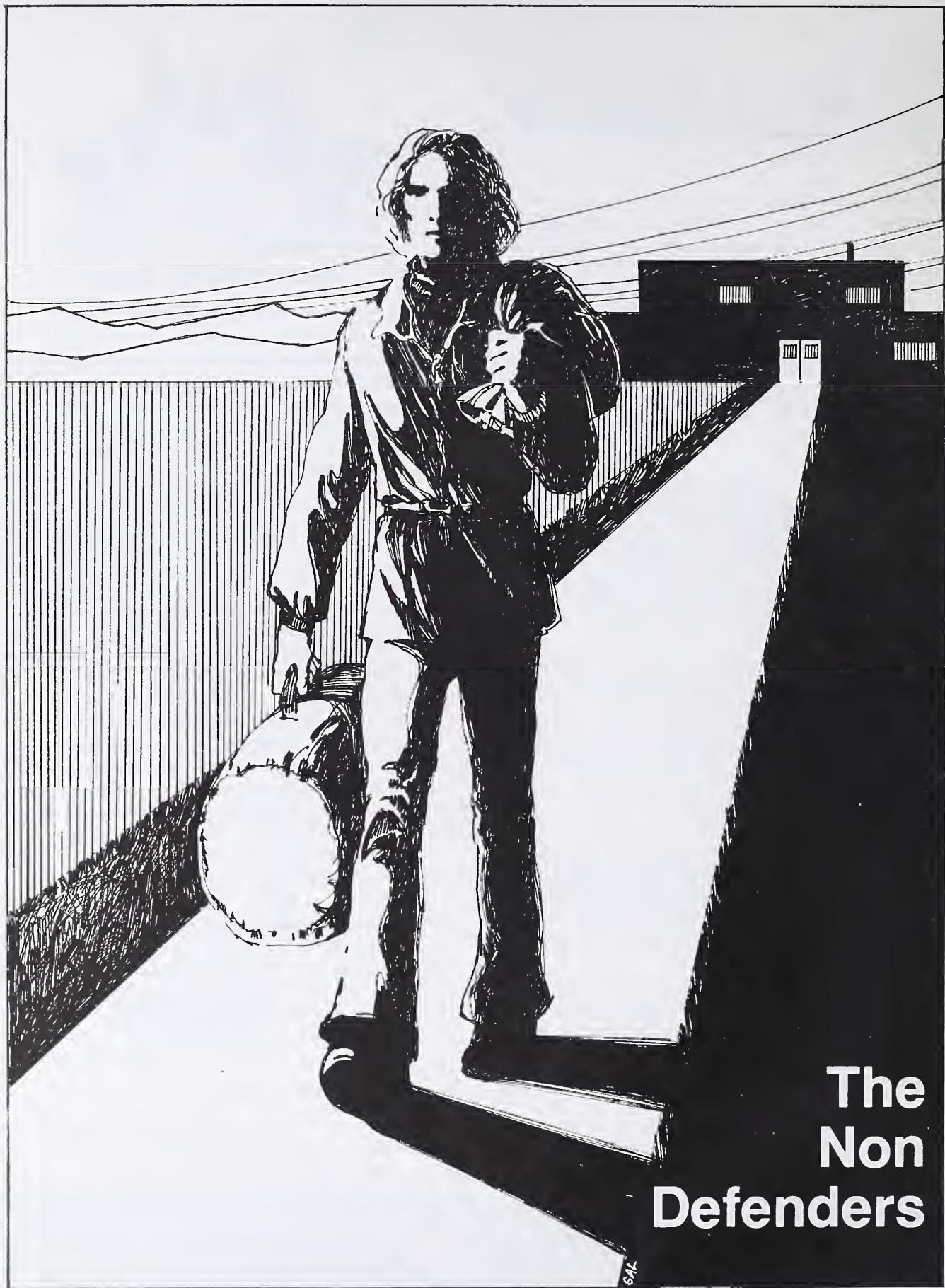
MAJOR JOHN J. FRANK  
Information Officer

LAWRENCE E. WHEELER  
Public Affairs Officer & Editor

KATHLEEN T. BOUCHER  
Assistant Editor

Graphics Branch: RAYMOND GRIFFITH, Chieft; RON CRABTREE, MARY DAY, SP4 SARAH LECLERC

The Hallmark—an authorized unofficial publication—is the monthly newspaper of the U.S. Army Security Agency. Opinions expressed herein do not necessarily represent those of the U.S. Army. All photographs are official U.S. Army photos unless otherwise designated. The Hallmark is photo-offset produced. It is edited by the Information Office, IACS—I, Headquarters U.S. Army Security Agency. Telephone: OXFORD 25496 (AUTOVON—22 plus extension—AREA Code 202). The Hallmark subscribes to Army News Features and the American Forces Press Service. Copyrighted material may not be reprinted. Address all editorial material and correspondence to: Editor, The Hallmark, U.S. Army Security Agency, ATTN: IACS—I, Arlington Hall Station, Arlington, Va. 22212. Use of funds for printing of this publication has been approved by Headquarters Department of the Army 2 Feb. 68.



# The Non Defenders

SAL

# *Some Will Be Home for Christmas*

## *The War Runaways*

When Johnny comes marching home again will there be hurrahs?

If Johnny was a draft evader or deserter, he is apt to face mixed reaction from the folks at home.

President Gerald R. Ford issued a Proclamation and Executive Order on August 19, 1974 which established a program of clemency for draft evaders and military deserters. The program was established, said the President, "to give these young people a chance to earn their return to the mainstream of American society so that they can, if they choose, contribute, even though belatedly, to the building and the betterment of our country and the world.

"I ask this", said the President, for the simple reason that for American fighting men, the long and divisive war in Vietnam has been over for more than a year, and I was determined then, as now, to do everything in my power to bind up the Nation's wounds."

There are approximately 15,500 draft evaders potentially eligible for clemency. Of these, 8700 have been convicted of draft evasion. Approximately 4350 are under indictment at the present time, of whom 4060 are listed as fugitives. An estimated 3000 of these are in Canada. A further 2250 are under investigation with no pending indictments. It is estimated that approximately 130 persons are still serving prison sentences for draft evasion.

There were an estimated 500,000 incidents of desertion (unauthorized absence for 30 days or more during that era.)

It is impossible to extract ASA figures from the above statistics, because the Agency has never had a real AWOL or desertion problem (in terms of large numbers) then or now.

Major William A. Reed, Chief, Personnel Security Division, ODCSSEC, explains that as soon as a soldier goes AWOL, his clearance is suspended.

Generally, when a soldier is AWOL from the Agency for more than 24 hours, he's marked a deserter. If he returns before 24 hours are up, ASA will, in most instances, take him back. Those who left their assignments during the Vietnam era and were marked as deserters often didn't come back to the Agency; they may have returned to Army jurisdiction, but not to ASA.

The Agency hasn't received any phone calls thus far regarding requests for clemency. Last year, one former ASA soldier who had deserted returned to the States. He came back too soon; he was court martialed.

The clemency program's criteria states that draft evaders are to report to the district in which they allegedly committed their offense. It also establishes that individuals perform alternate service for 24 months. (This may be reduced under the auspices of the Director of Selective Service who also has the responsibility to find alternate service jobs for those who report.)

As of December 19, there have been 6423 inquiries at the Department of Defense level. (This number included press, relatives, applicants, etc.) 2405 people have completed processing at Ft Benjamin Harrison and have received undesirable discharges. After

completing alternate service, which in these cases range the full extent from 1 to 24 months, the individuals will have their undesirable discharges changed to clemency discharges.

At the time of the President's announcement, some people had already returned to personnel control facilities in anticipation of the clemency announcement. Most of these people have completed their processing at Ft Ben. Others, and those who came in at a later date, are still being processed.

None of these men complain of bad treatment at the Ft Ben processing center. Every effort has been made to welcome those who come to "turn themselves in" and for the course of events to go as fast as possible.

The stereotype of the long-haired, ponytailed freak, strolling into the processing center asking for repatriation just doesn't exist. Many coming in are out of jobs and know that the alternative service program will give them work. Although the clemency program will give the former soldiers no veteran's benefits; and they still will not receive an honorable discharge (when they complete their alternative service, they will receive clemency discharges, they have a job to perform, and best of all, they don't have to sit out a few years behind bars.

Some ASA personnel who were questioned concerning their attitude toward clemency feel that even more should be done:

"A SP5 feels that for more than a decade, the American people tried to justify an

(Continued on Page 24)



## **ASA at the SGM Academy**

"You're not paid to think soldier." This once popular notion is a remnant of yesterday's Army; but in today's technically oriented, rapidly changing Army, the need is for senior noncommissioned officers who have geared themselves to working, thinking and living within the context of its demands.

The US Sergeants Major Academy, located at FT Bliss, Texas, opens its doors twice yearly to senior NCOs willing to accept 22 weeks of hard-core academics. The NCOs selected by the Department of the Army to attend the course are among the Army's top individuals.

Two ASA NCOs were among those selected for Class Three at the Academy. Sergeant Major Ivan Nall, a 19-year veteran says that initially he was hesitant about whether or not to attend the course, "but after looking at the course outline, I realized that the variety of subjects would benefit me even after I retired". The courses to which SGM Nall refers include human relations, military organization and operations, world affairs and military management. Because Army careerists have to be prepared for a wide range of assignments, the Academy structures its courses around the individual in his military, academic and social roles. Topics of discussion include leadership, interpersonal relations, and communications problems of today's modern Army. The always timely subjects of discipline and morale also find their way into the curriculum.

After one week's in-processing (the Academy is a PCS move), SGM Nall was ready to assume the academic load. "Professionalism was the key factor throughout the course," says SGM Nall. "The faculty and staff knew that the range of responsibilities we would have to face is far reaching, and so, through a comprehensive educational atmosphere, the fields of study offered were broad enough for all of us to benefit."

Another ASA attendee at the course, SGM Eugene Marshall, explained the unique method of instructional presentation. "During our six month course, seventy lectures covered an amazing amount of material. These lectures, approximately one hour in length, were presented by key individuals in DOD and in the field of education. Following each lecture, we divided into small discussion groups of 13-14 people to amplify the lecture topic in its applicability to our branch of service."

SGM Marshall went on to explain a typical day at the Academy. "Two hundred students met in the lecture hall each morning to listen to a lecturer. One such morning, the Deputy Director of Race Relations discussed current DOD race relations policies, goals and objectives. We were told of our achievements thus far and what remained to be done. Additional subject matter was covered through the 'Small Group Process'. These small groups were led by a class member who was chosen to direct the discussion, based on his experience and knowledge of the subject area."

The groups learned by doing. Enhancing the learning process was a faculty leader, a sergeant major assigned to the Academy who answered questions, gave tests, and, in general, lent a helping hand. Audio-visual equipment and materials, to include cassette TVs and viewgraphs, supplemented lectures and presentations.

Both SGM Nall and SGM Marshall experienced personal benefit from participation in debates and discussions conducted throughout the course. "The lectures gave a professional touch to the small group discussions ... actually, they supplemented each other," added SGM Marshall.

Another aspect of the curriculum included mandatory attendance at courses offered by El Paso Community College, the University of Texas, or the University of Albuquerque, depending upon educational level. Most students also took a multitude of end-of-course tests through the United States Armed Forces Institute (USAIFI) to gain additional credits.

Although the course was predominantly Army NCOs, two Marine and two Navy senior enlisted men were among SGM Marshall's and SGM Nall's classmates. But two women in the class added that extra spark. "They presented keen competition to us," said SGM Marshall with a grin. "The old infantry soldier hates to see a WAC outdo him. The guys tried even harder so it wouldn't happen, but it did!"



**No clips to hold no paper**—First it was the paper shortage—now it's the clips to hold the paper. An impending shortage of the versatile steel wire fastener has been predicted because steel producers are cutting production of low-grade steel in favor of more profitable high-grade steel.

As a result, prices have nearly doubled in the past year for the once common office paraphernalia.

A plastic substitute has been tried, but it lacks the durability of metal and usually has to be thrown away after a single use.

Some people feel that paper clips, like coat hangers, have regenerative capabilities similar to rabbits—put two in a drawer and, lo and behold, you are overrun. This may not be true any more.

A check of several supply sources indicates that plenty of clips are on hand at present, but a decrease in production means the supply will dwindle.

Make the supply last longer. Conserve.

**Top Handicapped worker**—Federal departments and agencies have been asked to nominate candidates for outstanding Federal Handicapped Employee of the Year. Nominations are due in the Civil Service Commission by January 6th.

Ten winners are honored each year at ceremonies in Washington, DC. Previously, one worldwide winner was selected from the 10 finalists.

The annual recognition ceremony is designed to recognize the contributions of handicapped workers and to increase employment opportunities for the handicapped.

Nominations should be submitted to the Director, Selective Placement Programs, Manpower Sources Division, Bureau of Recruiting and Examining, US Civil Service Commission, Washington, DC 20415.

**Helping someone close**—We have nine million problem drinkers and alcoholic persons in the US. Experience shows that at least four other persons are affected by the behavior of these individuals. That means there are 36 million potential helpers who have a personal stake in helping "someone close" find the way to healthy living.

To encourage potential helpers, the National Institute on Alcohol Abuse and Alcoholism has developed "Someone Close Drinks Too Much." This 15 page publication is available for 35 cents from Consumer Information, Pueblo, Colorado 81009.

**Cheap learnin'**—It costs only \$23.25 for military personnel overseas to take a college course from the University of Maryland.

In an effort to make college-level classes available to more military people, the US Government will pay 75 per cent of the cost of tuition. Most Maryland courses carry three credits and cost \$93. Someone using the government tuition assistance pays only \$23.25.

For the student who doesn't think he can afford the cost of part-time courses, the Veterans Administration will pay all tuition and fees under the GI Bill. This money is deducted from the total made available to the ex-serviceman after discharge. And if the serviceman is enrolled as a full-time student overseas, he is eligible for full veterans' benefits.

More information and application forms can be obtained from any base or post education center or by writing to the University of Maryland, European Division, APO NY 09403, or Far East Division, APO San Francisco 96525.



**Flat tire remedy**—A soldier with a flat tire on his vehicle in combat is somewhat akin to the monarch who had lost his kingdom for want of a nail. While researchers at MASSTER (Modern Army Selected Systems Test, Evaluation and Review) can't retrieve the lost kingdom, they are trying to do something about flat tires on combat vehicles.

Drivers from the 2d Armored Division are testing a new tire—the folding sidewall run flat tire—as a possible remedy to conventional flats.

The "run flat tire" looks the same as any other tire, but after the tire is flattened, the sidewalls fold inward, making the tire smaller, but still able to support the vehicle.

The tests compare the handling ability of the inflated run tire versus the conventional tire when run over similar terrain. Jeeps and gamma goats are being driven in the test.

**T**oday's Army is a far, far, cry from the days of old when a diverse group of American male youth scrambled to the recruiting stations to form lines of willing young soldiers-to-be and to dream or talk about the excitement that surely was to come.

Those were the days when the Armed Forces were filled with eager troops who were there because they either wanted to be there, or felt they should do their "duty".

Next came the days of reluctance. Scores of young capable

dence that the Volunteer Army does work."

Initial enlistments during FY 74 were 167,000 men and 15,000 women as compared to 134,000 true volunteer men and 8700 women in the previous year.

By last July, the minority content of the active Army was about 21 percent of whom 19 percent were black. This represents an increase of about four percent in minority content since FY 73. Secretary Callaway feels "this increase is due primarily to enlistments which ran about 27 percent black for FY 74, indicating that group's positive perception of the opportunities available in the Army."

As the opportunities for women also increase in the Army, numbers of women enlisting also increase. Figures for the end of August show 29,000 enlisted women, 1200 WAC officers and 3200 women in AMEDS—those working as nurses, dieticians, technicians etc. This brings the total to over 33,600 women in the Army.

Although many arguments were raised as to our ability to "make it" in the tactical and combat area, 37,000 volunteers were recruited during FY 74 in the combat arms. (This is approximately 2000 more than in FY 73.) ASA, in fact, is heading more and more toward the tactical area to fulfill its role as the cutting edge in Army Electronic Warfare. Increased emphasis is being placed on tactical MOSS and tactical support MOSS in the Agency. Readiness is increasingly important.

ASA recruits show up well in their intelligence scores. During FY 74, the average male GT score was 118.5. Female enlistee FGT score for the same period was 125.7 which compares well with the average for recruits

Continued on page 23

## *How Good is our Volunteer Army?*

men were needed to help the Armed Forces accomplish their mission. Draftees were not quite as enthusiastic about their uncertain future as their fathers and grandfathers had been.

The draft has been nonexistent for almost two years, and even some of the skeptics are admitting that it may be a workable idea.

At the end of the first year, Secretary of the Army, Howard H Callaway, reported that "our quality is good, and within established standards, our combat readiness is up; we are on target with strengths, and our disciplinary rate is within acceptable limits. These accomplishments are clear evi-

# *There Really is an Alamo Station*

ASA's newest operational organization, Field Station San Antonio, has arrived at Kelly Air Force Base in San Antonio, Texas. Colonel Howard W. Vorhies, ASA Deputy Chief of Staff for Operations, represented Major General George A Godding, in presenting the general order activating the station to Lieutenant Colonel John C Maxwell, Field Station Commander.

At the same ceremony, representatives of the Daughters of the Republic of Texas presented their formal permission for the unit to adopt the nickname "Alamo Station" to characterize the command, and in return, received a Certificate of Appreciation from the Station. (The Daughters of the Republic of Texas is a volunteer organization chartered by the State of Texas to preserve and protect the Alamo as a memorial and as a significant historical treasure.)

Personnel assigned to Alamo Station are quartered on Kelly Air Force Base, in the Air Force

Security Service Headquarters area. The majority, however, work five miles away on the Medina Annex of Lackland AFB. The Consolidated Security Operations Station (CSOS) at Medina is the first truly integrated ASA-AFSS Cryptologic operation in history. Sharing in mission activities is the 6993d Security Squadron, which provides all mission support, and the 6948th Security Squadron, which provides additional personnel to the activity. The CSOS mission is a wideband recovery effort, consolidating functions previously conducted separately at Medina and at Vint Hill Farms Station in Warrenton, Va.

Realignment of the field stations began this summer. The consolidation of activities is a move toward achieving DoD's projected strength goals while keeping within the budget.

The realignment will be completed this month and will reduce DA's portion of the DoD intelligence budget \$8 million annually.

Although operational only three months, ASA personnel at Kelly AFB are really getting into the swing of things: The Army uniform itself attracts considerable attention—particularly from AF members who can't figure out the insignia of rank. Even more publicly, however, the Field Station softball team announced the arrival of this new unit by wiping out all opposition in the Kelly AFB American League slow-pitch competition. With a record of 25 wins and 3 losses, the ASA team made up for a late start and walked away with the championship.

Alamo Station is participating in the implementation of an entirely new concept in cryptologic operation. The USASA contribution to this joint endeavor has been outstanding and the AFSS participants have proven to be both gracious hosts and dedicated professionals. The outlook for the future in San Antonio is excellent.

There really is an Alamo Station . . . Y'all come.

## **Beat This**

If Guiness can do it, why not The Hallmark? The Test and Evaluation Center at Ft Huachuca, AZ, begins this new section on outstanding intra-agency records with a "promotional" claim to fame.

They claim that . . .

17 per cent of USASA Test and Evaluation Center, Ft Huachuca, enlisted personnel E 6 and below were promoted within one week. . .

21 personnel at USASATEC, Ft Huachuca, were promoted during the first week of November 1974

Personnel and promotions were:

1 Nov; three to SSG, one to SP6 one to SGT and 12 to SP5. 6 Nov; three to SP4, one to PFC.

To complete this success story it is appropriate to note the above promotions to E 5 totaled 35 per cent of T&EC's assigned E 5 strength.

If your unit can "Beat This" or start a new claim to fame in any field of interest, let all of ASA read about your honors—brag about it in The Hallmark.



# Pass in review

A roundup of ASA news from Hallmark correspondents



SGT Gary Well accepts the certificate of commendation from MG Godding.

## NCO Honor Grad

Sergeant Gary Wells knows that success speaks for itself. He was the honor graduate at the Eighth US Army Wightman NCO Academy, Camp Casey, Korea.

In addition to being the honor graduate, Wells also won the leadership award and the Command Sergeant Major's Award and was on the Commandant's List.

When asked the inevitable question, "How was it?", he replied, "they demand a lot from you. There are personal appearance inspections and barracks inspections on a daily basis, not to mention tests on the various subjects being taught."

These subjects included leadership, methods of instruction,

drill and ceremony, map reading, physical training and general subjects such as weapons and the wearing of the uniform.

"NCO Academy is beneficial to any NCO or potential NCO who wishes to develop his professional leadership capabilities," said Gary.

He received the Special Field Station Sobe Certificate of Commendation from ASA Commander, Major General George A. Godding during his visit to Sobe.

## Top Scorer

Back in the old west, another sergeant is hard at work. A member of the 373d ASA Company took top honors at the recent graduation ceremonies for the USA NCO Academy, III Corps, at Ft Hood, Tx.

Sergeant First Class Jerry C Turner was the distinguished graduate for class 4-75 with a total score of 931.5 points out of a possible 1000. The second place graduate, who is assigned to the 163d MI Co finished with a total of 918 points.

After accepting the "Sword of Leadership" which symbolizes this position as distinguished graduate, Sergeant First Class Turner moved to the podium.

"I would like to take about one minute to say thanks to the members of Co B. This sword really belongs to you, for without your support when I held the leadership positions, and your help in other areas, I never could have run up the points that I did. Thank you."

## An Ardent Student

It seems like Sergeant First Class George B. Gibson of the 303d ASA Bn, Ft. Hood, TX, has a hang-up.

This energetic member of the FHT has completed a total of 993 hours of correspondence courses from military schools.

Gibson has been in the Army for 13 years and started taking courses in 1964. He has been going strong ever since. During that time he has averaged at least one hour a day working on his courses.

Gibson's hard study probably accounts for his Promotion Qualification Score of 123 in his primary MOS of 05G40.

He has completed courses in Infantry Pre-Commission; SIG-SEC Specialist; Senior NCO Development; Identification Operator; SIGSEC Supervisor; Radio Teletype Operator, and the ASA Officer Mobilization Advanced Course E-23.

## New CO

LTC Ira C Owens recently assumed command of the 313th ASA Bn at Ft Bragg, NC from Major Donald L Parsons who was reassigned to Department of the Army for duty in the Office of DCSOPS. LTC Owens last assignment was in Cambodia.

For LTC Owens it was a homecoming. He had previously served as the 313th ASA Executive Officer during 1970 through 1972.

## Humanity Example

The "Sounds of Sinop," Sinop, Turkey's weekly newspaper, carried the following item as an open thank you to the efforts of field station personnel during a local crisis:

"The traffic accident which occurred 15 days ago will be remembered by the people of Sinop. Four persons were killed instantly and one more died on arrival at Ataturk hospital after the tractor-trailer they were riding in turned over on the asphalt road in the vicinity of Ordu village.

"With the Surgeon-Operator Dr. Ibrahim Onder on leave, the badly injured were transported to Samsun by the personnel in the command of the SCDI. It is evident through their fine actions that Dr. Wessinger, SGT Lunn Erskine and PFC Eileen Scott have a feeling of humanity to mankind.

"Dr. Wessinger and his personnel transported and treated the badly injured to Samsun by ambulance.

"This week one of the injured needed blood very badly as he was bleeding internally. Doctor (MAJ) Badder, who was visiting the SCD, obtained the blood from the personnel of the common defense installation.

"On behalf of the people of Sinop, our newspaper would like to thank Dr. Wessinger and Dr. Badder for their services. Also a special thank you to CPT Seay and SP Jerry Wall for the blood they donated."

## A Fast Mover

Only four months in the Army and already an E-5. That's the position in which Specialist 5 Stephen H Chapman found himself as he accepted congratulations from Lieutenant Colonel Robert L Johnson,

executive officer for the USASA Test and Evaluation Center. Chapman enlisted in Baltimore under the Army's relatively new Stripes for Skills program.

Gibson hopes to obtain a Reserve Commission as a result of his effort. He plans to quit taking courses when he completes every ASA course available or upon reaching 1000 hours, whichever comes first.

Gibson said the portions of his courses pertaining to cryptanalysis have been the most enjoyable.

## Help from the Guard

Just a routine flight for the 156th AVN Co, or so it started out to be. While on the way to Washington, DC, trouble occurred in the RU 21 aircraft just outside Birmingham, AL. After entering instrument flight conditions and very heavy rain, the number two engine began losing oil, indicating high engine temperature and low oil pressure. Necessary safety measures were taken until a safe

landing at Birmingham was made.

Once on the ground, the crew learned that the Beechcraft maintenance people did not have the equipment to repair the engine. By this time, a call had been made to the 156th, informing them of the situation.

Early the next morning, the replacement aircraft arrived at Birmingham and was used to continue the flight to Washington, D.C.

Two pilots, a maintenance NCO, and one disabled aircraft remained in Birmingham with one last hope: the Alabama National Guard.

National Guard personnel moved the aircraft to their location at the airfield and soon located a new engine for the RU 21. A helicopter arrived to help in transportation.

Everything worked out well, and, thanks to the Alabama National Guard, one aircraft was able to fly back to Ft Bliss, but perhaps just as important, the relationship between the Army and the National Guard improved.



SPC Steve Chapman moved from an E-1 to an E-5 in only four months under the stripes for skills program.



ASA's display included a remote control receiver.



Two Agency WACs helped answer questions.



Conventioners gathered around the ASA display booth to watch demonstrations.



ASA at the  
Old Crow's Convention

## EW Takes the Worry out of Others Being Close

ASA placed itself in the limelight at the annual convention of the Association of the Old Crows held at Wright-Patterson Air Force Base, Dayton, Ohio in October.

The AOC is comprised of members of industry, the Department of Defense and other government agencies concerned with electronic warfare.

Attending conventions is

nothing new for the Agency. What is new, is that at this convention ASA was not a silent observer. Members of ASA appeared at the AOC Convention complete with a display booth and ASA recruiting representatives.

Discussions by representatives from military, government, industry and educational circles centered on the theme of the convention: new capabilities and new opportunities for the EW community.

ASA's display reflected the history of the Agency through pictures of Agency involvement in World War II, the Korean War and Vietnam.

Display panels held removable 8x10 transparencies reflecting various Agency roles. Combat art, a popular ASA attraction at the convention, showed the soldier in his non-armored combat roles.

Also on display was a remote control receiver, a teleprinter and two recorders.

ASA's exhibit was one of

about 50 displays, mainly from industry. These and the technical papers which were presented during the four day symposium gave attendees a first hand view of what's new in EW requirements, tactics, operations and techniques. A classified session was also held during the week. Here a unique view of the total EW picture was presented.

Major General George A Godding, Commander, USASA, was a keynote speaker at the convention. His topic: US Army EW requirements.

Throughout the conference, a constant emphasis was naturally placed upon concern for future EW developments to meet threat of the enemy's combat capabilities. Without intimate knowledge of this threat and timely analysis of present capabilities and changes, we would not be able to successfully counter an enemy offensive.

Continued on page 24

# A Tribute to CSM Roth

ASA's third Command Sergeant Major, CSM Robert W Roth, passed away on November 16th. The honor guard from Vint Hill Farms Station traveled to Wrightsville, Pennsylvania, to participate in a military funeral in CSM Roth's honor. Colonel Richard A McMahon, Deputy Commander, USASA for the Pacific, delivered the following eulogy.

"Sergeant Major Robert W Roth was born here in Wrightsville, Pennsylvania on November 22, 1927. He entered the service of his country in January 1946. For the next 27 years he served his nation throughout the world and through two wars; service performed in increasing positions of responsibility and trust. During those years, Sergeant Major Roth rose from private soldier to the highest position a non-commissioned officer can hold in the Army Security Agency. His foreign service included duty in Japan, Korea, the Philippines, Germany, Alaska, Panama and Vietnam. Wherever there was a challenge to this country, Sergeant Major Roth was there. During those years, a grateful nation decorated him with, among other medals, the Army Commendation Medal, the Meritorious Service Medal, the Bronze Star and the Legion of Merit.

"Throughout his career, Sergeant Major Roth had a deep concern for the welfare of the lower ranking soldier. It was this concern which earned him their loyalty and devotion, and the admiration and respect of his associates.

"Treat a man like a soldier," he was fond of saying, "and he will act like one." He did, and they did. All during his long service, men under his

command responded eagerly and willingly to his leadership and understanding.

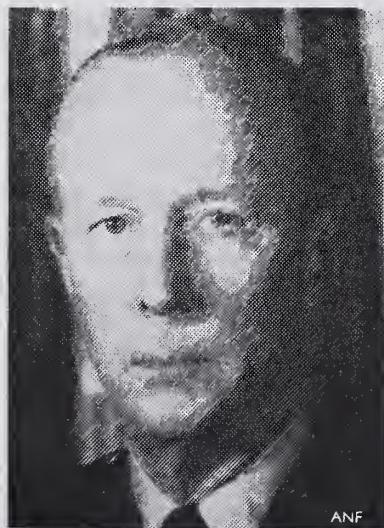
"Today, we gather here to say a few words in his memory. But no mere words can take the measure of this man—and they don't need to. We need not memorialize Sergeant Major Roth; he has left his own memorial.

"He leaves behind him a long line of us, who wear the uniform, who will remember him as an outstanding soldier and leader.

"He leaves behind him the example he set, for all of us to emulate.

"And he leaves behind him a fine family who will remember him as a loving and understanding husband and father. His wife Dorothy, his daughters Susan and Robin and his sons Kenneth, Robert and Kevin, can take pride in the memory of a man dedicated to both his country and his family.

"Looking back this morning over his military record, I noted that it listed Sergeant Major Roth's height as just five feet two inches. Although I knew him well, I found that hard to believe. I guess that's because to those of us who knew him, respected him, and loved him Sergeant Major Roth stood mighty tall."



Gen. Walter T. Kerwin Jr.

## New Vice Chief of Staff

General Walter T. Kerwin is the new Army vice chief of staff. President Gerald Ford approved Kerwin's nomination in late October.

General Kerwin, a native of West Chester, PA is a 1939 US Military Academy graduate. He commanded US Army Forces Command (FORSCOM) before his appointment to vice chief of staff. He succeeds General Fred C Weyand who recently became Army chief of Staff.

General Kerwin learned the mission and functions of the Army Security Agency at an ASA Today briefing held at Headquarters, on November 25.

*The low down on*

## Getting Loaded

In 1965, a physician in charge of psychiatric services for students at the University of California at Berkeley said there was no proof of harm from smoking marijuana. It should be legalized and controlled, he said.

Seven years later, this same physician, after seeing hundreds of students, stated that marijuana "is the most dangerous drug we have to contend with."

Dr. David H. Powelson recently told the Senate subcommittee on internal security, which has been holding hearings on the dangers of marijuana and hashish, that his 1965 statement was approved by students and his professional colleagues, but that his 1972 warning was met with hostility.

Powelson said his complete shift in opinion was based on his experience treating students for mental and emotional disorders. His 1965 statement was made without much experience with students using marijuana, he said, and without much medical literature to refer to.

After five years of seeing students

in the UC Berkeley clinic, Powelson came to the conclusion that marijuana is dangerous because:

- It gives the illusion of feeling good... "I have never seen an exception to the observation that marijuana impairs the user's ability to judge the loss of his own mental functioning."

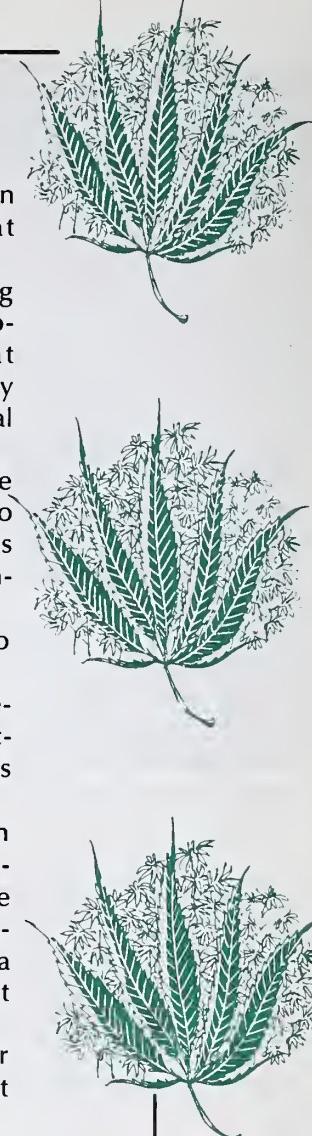
- One to three years of steady use impairs the user's ability to think to the point where pathological forms of thinking begin to take over the entire thought process.

- Chronic heavy use leads to paranoid thinking.

- Chronic heavy use leads to deterioration in body and mental functioning which is difficult and perhaps impossible to reverse.

- Use of marijuana and hashish leads to a delusional system of thinking which has inherent in it the strong need to seduce and proselytize others. "I have rarely seen a regular marijuana-user who wasn't actively 'pushing,'" Powelson said.

Powelson defined a chronic user as one who uses marijuana at least once daily.



**A**SA doesn't sit still and watch the world go by. The mundane phrase, "keeping up with the times," is really what it's all about.

Fueled by an innovative Research and Development Program, expanding electronics technology has yielded a number of sophisticated mission support systems at USASA field stations—with additional state-of-the art systems under development.

These new systems are designed to interact or interface with other electronics equipment to provide maximum effectiveness and limit costs. A

New program helps ASA

## Get It All Together

primary consideration is making sure that the operator or analyst fully understands the big picture.

To provide staff awareness and a centralized coordination point to insure that these considerations are met, the USASA Deputy Chief of Staff, Force Development, has been appointed the Interoperability Systems Coordinator. A program management directive, USASA

Command Objective Action Directive (COAD) 74-1, defines interoperability goals and assigns staff responsibilities. Interoperability is really nothing new—it simply means "getting it all together."

As an integrated management system, interoperability techniques study the relationship among electronics systems, personnel, and operational requirements to achieve the best possible mission results. Application of the interoperability technique should save time and money while improving mission accomplishment through centralized staff management.



## Bicentennial News

**S**cience and technology helped this Nation win independence, states an exciting little pamphlet entitled, "Technology: The lightning rod, Benjamin Franklin and the American Revolution."

The mini-volume, number 2 in a series of dialogues on technology published by Gould Inc., describes science as the handmaiden of liberty. "Indeed, the effects of one important advance helped make independence possible," proclaims the booklet when describing the worldwide acclaim bestowed on the lightning rod and its inventor Benjamin Franklin. If it had not been for the deep-rooted respect by France for Franklin—then ambassador to France—as a scientist, France might never have come to the aid of the colonists.

The pamphlet contends that this is not an isolated instance of science and technology influencing America's destiny. Each pamphlet in the series offers vivid examples of the impact of the inventive genius and unparalleled industry on America's strength. Most fortuitously for the burgeoning democracy was that it began "its life as an independent nation at a time when technology was gathering momentum."

It was the seed of the industrial revolution, imported in 1790 from Britain by Samuel Slater who established America's first steam-powered factory in Pawtucket, Rhode Island, which gave America the raw industrial and political power to become one of the world's leading nations.

Science and technology also freed people, implies the pamphlet. "When the American Civil War be-

gan, it was technology that saved the Union." The iron-clad battleship, the Monitor, defeated the South's Merrimac and "prevented the South from breaking the Union blockade and, perhaps, breaking the Union." When the Civil War ended, thousands of former slaves tasted freedom for the first time.

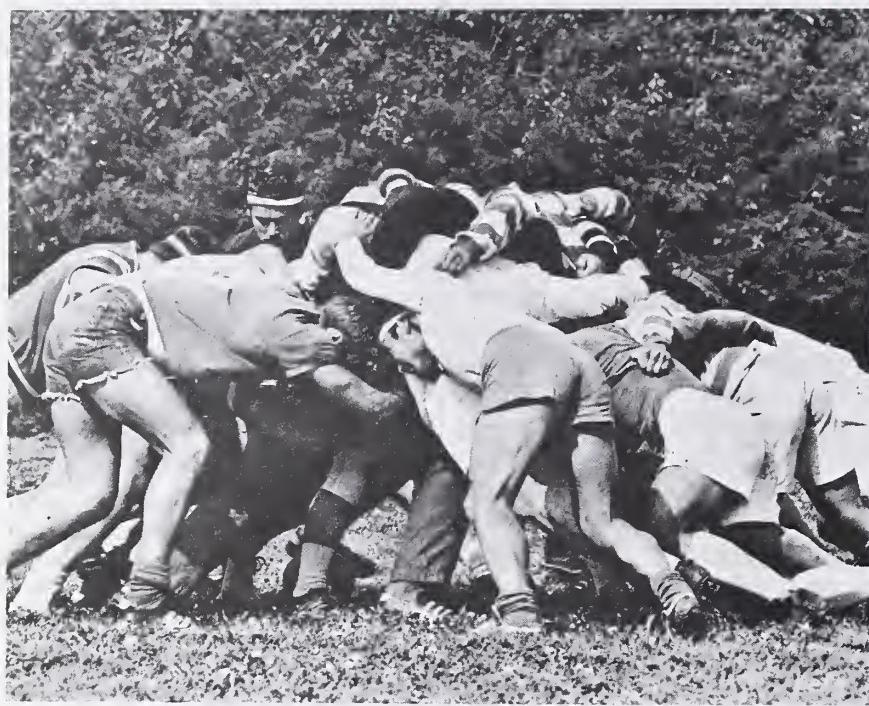
For women, the invention of the sewing machine by Elias Howe in 1846 tolled the downfall of male chauvinism. "For the first time, technology was brought into the life of the housewife. Thus, the process began that liberated women from age-old oppression more effectively than all the humanitarian speeches ever-made."

The readable 12 page mini-documentary teems with dramatic examples of technology knocking at the door of history and demanding entrance to its world stage. The reader learns of some seemingly unimportant inventions that entered the American scene quietly but soon gained in force and altered the world:

- Swedish inventor John Ericsson designed the screw propeller in 1836 to replace the cumbersome water-wheel. From this tidy little device grew the mammoth steam warships.
- In 1852, the first practical elevator was designed by Elisha Graves Otis of New York. The skyscraper was its outcome.

For your free copy write: Gould Inc., "Dialogue of Technology", 8550 W Bryn Mawr Avenue, Chicago, IL 60631

*reprinted from Bicentennial Times  
(Volume 1, Number 9)*



This ungainly gaggle of arms, legs and attached bodies is what is known as a scrum to rugby fans. Torii toughies love this sport.

### You Gotta Be Mean

Rugby is in its second year at Torii and is receiving greater participation than any other sports event at FS Sobe. Last year the Barbarians held the cellar position for a few games and then started the skyrocket ascent, ending in a fight against the older Kadena team for first on the island. Torii remains the most feared team. The championship may be in sight.

### Boxing

PFC Willard F Dudley, 358th ASA Co, 313th ASA Bn, recently won the 82d Airborne Division Novice Heavyweight Boxing Tournament with a second round knockout of his heavier and much taller opponent. PFC

Dudley, who hails from Jacksonville, FL, also enjoys wrestling, track and football. Oddly enough, Willard had never boxed in competition prior to the tournament. His next goal is to gain a spot on the Ft Bragg Boxing team.

### Not For Men Only

The Women's Army Sports Program, now underway, is a pilot program designed to give women in the Army an outlet for active sports participation and competition.

Pilot programs are being held at Ft Dix, NJ and Ft Campbell, KY.

Sports activities in the program include karate, volleyball, basketball, swimming, bowling and tennis.

Harry "Duke" Oxford, Department of Army Project man-

ager for the test program, said an evaluation of the overall program will be made at the end of the trial programs at Fts Campbell and Dix. If it is successful, the program concepts will be expanded throughout the Army.

### Basketball

Backcourt Aces Lester Burch and Rod Norwood led the ASA Panama basketball team to the 1974 USA Forces Southern Command Unit Level Championship. After finishing the regular season with a 7-1 record, the ASAers romped through the Double Elimination Tournament in fine 4-0 style with impressive wins over Log Support Command, Headquarters Co, Pacific Area Command in the Semi-finals and the 534th MP Co in the finals.

Coach Ron Killins credits the strong rebounding of James "Sky Hook" Alston, Hiram "Stretch" McNeil, Joe Mack and Don "Freight Train" Condrey, combined with a strong bench, as keys to the successful season.

Rod Norwood, selected MVP of the Tournament, chalked up two more for ASA.



Rod Norwood copped the Tourney Most Valuable Player award with excellent ball handling and outside shooting.

Following the championship game, MAJ Morgan extended congratulations to all team members for a job well done. The first place trophy is especially meaningful in that the ASA unit is the smallest in the league.

## Football

The 372d ASA Flag Football team has captured the Oahu League. The 372d came smashing through with 14 victories and only one loss. The 45th Support Troop snatched total victory from the deuce by a narrow score of 23 to 19.

The Deuces team was given tremendous support by family and friends who cheered them to almost total victory.

## Table Tennis

It was shades of the table tennis ambassadors to Red China revisited except this time it was in Turkey.

That's how Diogenes Station's five man table tennis team felt when they participated in Sinop's Victory Cup Table Tennis Tournament in Sinop's municipal gymnasium. The tournament celebrated Turkey's Victory Day (similar to the US's Independence Day).

"They're good," noted team member SP5 Jim Dixon. "We'd have to practice for a long time before we could ever give them serious competition."

The Turkish teams from Sinop and Samsun quickly pointed out to the GI team that "ping pong" was not only the national sport in the Far East, but the Middle East as well. To get this point across, Sinop trounced Diogenes 5-0, followed by Samsun who also slammed to a 5-0 victory.

Of the total 21 games played, only one American won a game (27-25): COL John Heiss.

"At least we won in the public relations field," Heiss said, remarking on the sportsmanship and friendly attitudes of the Turkish players, officials, and fans.

Samsun won the team championship, followed by Sinop, Diogenes Station, and Gerze (who forfeited their match with the Americans due to transportation problems.)

Heiss, Dixon, SP 4 Mark Bohna, CW3 Bill Capozzoli, and CPT Mark Lowrance represented

Diogenes. In doubles competition (single elimination) Dixon and Bohna fell in the first round 15-21, 15-21. Dixon captured Diogenes' only victory in the singles division by winning the first round 21-17, 17-21, 21-19, but he fell in the second round of the singles elimination bracket 11-21, 10-21. Bohna also competed in the singles match, but lost 18-21, 18-21 in his first contest.

The Victory Cup Tournament marked the first time Americans had been asked to compete in a Turkish table tennis tournament in northern Turkey.



With his eye on the ball, SP5 Jim Dixon readies his smash.



Prepared for his return slice, COL John Heiss moves up to the table.



The whirling, twirling, and swirling world of motorcycles.

## Hall's Angels

Unless you are the type who loves libraries, loves taking tests and loves getting up for an early class, the idea of taking another course, especially a course in something you already know about, is approached with something less than enthusiasm.

Fear of failure, boredom and lack of initiative vanished when students in the Beginner Motorcycle Rider course held at Arlington Hall Station, Arlington, VA, found out exactly what the course was all about.

A decrease in available gasoline and funds has led to an increased military motorcycle population. To combat numerous injuries, the USASA School Brigade at Ft Devens, MA offers three motorcycle courses: the "Motorcycle Supplement to Defensive Driving Course" by the National Safety Council, the "Beginning Rider Course" for the Motorcycle Safety Foundation and the "Kawasaki Beginner Motorcycle Rider Course" by the Motorcycle Safety Foundation.

A mandatory beginning motorcycle course was recently given by the school Brigade Driving Safety Officer, Lieutenant Bill Kuchenbrod. Anyone who had a registered motorcycle on post was required to attend. Two students who had never operated a motorcycle before also attended.

The morning began with nine short films which included a course overview on operating controls and devices, identifying important parts, inspecting the motorcycle, starting and stopping, riding the motorcycle, fundamental motorcycle riding skills and two riding in traffic films. Students were encouraged to ask questions and participated in discussion periods, bringing out the problems of a two wheeler on a four wheel highway.



The T-turn, above, was one of the most difficult maneuvers of the course. But, two students, below, realized the importance of classroom training, too.



It was the afternoon section that the students looked forward to. A local Kawasaki dealer loaned six Suzuki 100s to the class.

Initially, the students rode the smaller cycles through circles, figure eights, an S exercise and a more difficult Funnel T Exercise (used to practice sharp turns) through the parking lot. For the experienced cyclists, these tasks turned into challenges, once they abandoned their Honda 750s, and BMWs for the lighter, smaller bike. The Captain who rides a Harley every day found his 100cc almost toylike!

The Friday the 13th Affair at Sinop, Turkey, included football, flying pies, ditch monsters, booths, food, rides, and slaves.

"Turnabout" was the theme for the slave sale, highlight of the Organization Day carnival. It was the time for NCOs and officers to do the bidding of the enlisted men—provided, of course, a suitable bid was offered for "slave services" rendered for an hour.

PFC Dave Cupp paid to receive the services of his OIC, LT Dick Yesensky, who had to iron uniforms, shine boots, and cut poster boards.

"He had to push a pencil with his nose and yell 'airborne' in a low crawl for 30 yards, too," said Cupp.

The slaves of the hour had to type, mow lawns, wash windows, and hoe sidewalks.

Some vindictive owners made their slaves salute all enlisted personnel in or out of uniform while shouting "Yeah, Women's Army Corps" and singing selected songs in between salutes.

Some had to wear dunce caps and pull police call—while holding hands. They also had to have a parade—accompanied by themselves on a trumpet, a clarinet, two trash can lids, and various other "musical" instruments.

In the tug-of-war competition, the NCOs again dragged



At Sinop, ASA Day was celebrated with "slaves" mowing lawns, washing windows and hoeing sidewalks.

the officers through the mud—this time literally, as the "ditch monster" mud hole claimed the losing officers.

The midway was highlighted by the always-popular dunking booth as "popular" officers and NCOs got doused by pointed blows.

Det 169 hosted a bombsight coin drop. Co A sponsored a nail driving booth, and the staff sections collaborated on a jail where the main gimmick was to get hapless passers-by into jail so they could pay to get out.

Hippy Maintenance ran "Soccer Downs" a "horse racing" booth while Sam the Donkey gave rides to the kids.

Food was prepared on the midway by the NCO Club, though this was supplemented

by a bake sale.

Proceeds went to the USASA Benefit Association and to the two Sinop orphanages.

**And in the Concho Valley,** the 29th Anniversary of the ASA was celebrated by the USASATC&S Goodfellow Air Force Base Detachment in high style on the shores of beautiful lake Nasworthy near San Angelo, Texas.

Sergeant First Class and Mrs Thomas Couch slaved over the barbecue pits preparing steak for the adults and hamburgers for the kiddies. ASA wives provided such tasty delights as potato salads, barbequed beans and various side dishes to round out a traditional Texas style barbecue. Also the Board



of City Development was on hand to donate a birthday cake to help ASAers celebrate their 29th birthday.

SFCs Mike Finnegan and Allan McDonald (McFinn and Company) organized games, food and facilities for the celebration. The games included almost everything from penny hunts for the kiddies to egg throwing for the adults. However, Mother Nature seemed determined to foil the best laid plans of McFinn and Company by providing weather that ranged from cool to frigid, with a light drizzle thrown in. But it seems nothing can stop ASAers determination to have a good time. The party began at noon and was not over until dark, and it was obvious from the smiling faces of everyone present that a good time was had by all.

**Competition marked one** of the highlights of the 402d USASASOD (Abn)'s 10th Special Forces Group's (abn) activities. Although faced with "stiff" competition from the battalions of the 10th Special Forces Group the 402d won first place as the best marching unit in the retreat parade and first place in the rifle competition (for the second year in a row, they like to add.)



Captain William H Wilson, Commander of the 402d, won first place in the commanders bicycle race.

All are eagerly looking forward to next year which should prove even more fruitful—AIRBORNE, they shout.

**Noise was abundant** that same day at Vint Hill, Warrenton, VA. The shouts and cheers of a softball game, the roar of motorcycles in a tight formation, the blare of a rock band, the cries of joy from children . . . all came together to form the sounds of the recent 19th Annual ASA Day Picnic.

Held at Vint Hill Farms Station for 19 consecutive years, the ASA Day Picnic played host to a number of dignitaries, notables, civilian guests, dependents, and of course, ASA personnel. In the spirit of keeping it bigger and better every year, this year's picnic was one of the most memorable.

Highlights of the ASA Day Picnic included the KENA Shrine Motor Corporation, who thrilled the crowds with their precision motorcycle riding and tricks. The slow-pitch softball game between the VHFS All Stars and the Arlington Hall Stars drew the crowds, only to watch VHFS triumph over the Hall in a gruel-

ing game, ending with a score of 10-7.

One of the most popular events of the day was the US Army Drill Team, who twirled, drilled, and marched their way into the hearts of young and old alike. The 75th Army Band performed, much to the liking of the older generation, while the younger people were entertained by the music of a rock band. For all involved, the days entertainment was rounded out by pony rides, swing rides, and a parachute slide.

**Our newest field station,** USASA FS San Antonio, celebrated in style. Food, games and laughs was a perfect way for the newly transferred to learn what Texas hospitality is all about.

**Speaking of hospitality . . .** Major Julian A Davis, Commander of the Security Detachment, Region II, Ft McPherson, GA, held a home cookout for detachment members and their families.

Swimming was the big event of the day. Even the non swimmers enjoyed at least one refreshing dip in the clear liquid.

Guests included members of the USASA Sig Sec Det, FORSCOM, ASA Liaison Office and other USASA personnel assigned to the Atlanta area.



Hitting the balloon (above) was one of VHFS's carnival attractions.

ASA's newest field station; USASAFS San Antonio, mixed with new and old friends during ASA Day. The anniversary cake (left) cutting was shared by the youngest member of the unit, PFC Carlos Wells, and the oldest member of the unit, 1SG Mick Romero.

ASAers at Ft McPherson, GA enjoyed a picnic for their celebration.



# Science & Medicine

## SLIM IS IN

Fat people are jolly and skinny ones are sour in disposition. The truth of such notions certainly can be questioned with examples to the contrary in each case. One thing, however, that is not questionable is that an overweight problem can, and most often does, harm one's health.

Factors which influence how much of the various nutrients an individual needs are: age, sex, body size, state of health and physical activity. For example, the need for protein per unit of body weight is highest during infancy and early childhood to support the rapid growth which is occurring.

### Need for Calories

As the individual's age increases, his need for calories decreases, while his need for specific nutrients remains the same as it was in early adulthood. Balancing the diet with fewer calories to spend becomes a real challenge.

The ingestion of 500 excess calories per week can result in an eight pound weight gain in a year. If this pattern is continued, that could be 24 pounds in three years. The U.S. Public

Health Service reports that 25-45 percent of Americans over 30 years of age are more than 20 percent overweight.

If the individual reduces his caloric intake 500 calories a day below maintenance requirements he should lose one pound per week. Since a daily intake of approximately 15 calories per pound will maintain weight, the caloric intake to accomplish the loss of one pound per week may be calculated: multiply one's ideal weight (in pounds) by 15, subtract 500, and the result is the reduction in calories required.

If he reduces his maintenance requirement by 1000 calories a day, he should lose two pounds per week. The number of calories needed for an individual will depend upon his level of activity and the desired rate of weight loss.

### Diets and Vitamins

Most weight reduction diets are adequate in nutrients if the total calories are over 1200 per day. When the diet is 1200 calories or below, a vitamin supplement should be taken. (An iron supplement should also be used by women.)

Emphasis is also placed on behavior changes in eating patterns:

- Keep a diary of food intake.
- Eat more slowly. The practice of resting the utensils on the plate between bites of food is recommended.
- Be sure to chew the food thoroughly, and don't engage in other activities while eating, such as watching TV, reading, etc.
- Control states of deprivation by eating at regular hours, eating every meal, and avoiding fatigue and loss of sleep.

- To control intake better, an overweight person should preload himself with liquids before a meal, so that he can better regulate his intake. (Liquids should be sugar free diet colas, tea, coffee, or other low calorie beverages.)

- Avoid the stimulus of food as much as possible. Don't go past the pastry shop, browse in a food shop, etc. Don't keep snack foods in the house.

- Avoid the purchase of problematic foods by shopping from a list and never shopping when you are hungry.

- Try to interrupt automatic eating by making foods high in calories more difficult to obtain. An example of this is freezing the bread and only taking out one slice at a time.

- Arrange to eat in only one room of the house. Don't serve desserts family style—passing around the table. Instead serve on individual plates.

Undertaking a program to reduce weight by those who are overweight is a healthy idea. Individuals should, however, not undertake a drastic program of weight reduction or any concentrated exercise programs without first consulting a physician.

FOOD / 100  
TEA AND COFFEE / \$35  
MEDICAL PAYMENTS / \$25  
LIFE INSURANCE / \$20  
CAR PAYMENTS / \$60  
LOANS / \$50  
SAVINGS / \$8



Gets harder and harder to save a buck these days. Have it saved for you the automatic way before you even get your hands on it... join the Payroll Savings Plan for U.S. Savings Bonds.



## Where did all the Car Pools Go?

The question keeps popping up: Are we due for yet another gasoline crisis?

Reports indicate that the US is now importing more oil than before last year's embargo. Subsequently the US balance of payments is worsening. The US government may soon make the necessary decision to limit the import of fuel. This could mean that the prospect of some type of gas rationing and/or long gas lines would be very real by Spring.

Last winter and spring people believed there was a shortage, got scared and car pooled. Summer rolled around, gas stations opened up and, whammo, more cars are on the road again.

The idea of taking the bus or "Pooling it" has been literally hammered into our heads, yet, most of these ideas go flying right back out again.

### Too Much Effort

Many people are reluctant to join car pools because of the extra effort it requires and the slight inconvenience it causes. Articles on ecology or gas

shortages or "How to Converse with Arrogant Car Pool Members the Easy Way" aren't going to change their minds or their ways.

Some people, of course, have legitimate reasons to be reluctant to drive others to work. One that pops up often is insurance. Drivers fear they will expose themselves to a lawsuit which won't be covered by their regular auto insurance.

### Insurance Info

The Insurance Information Institute (III) suggests that all personnel advise their insurance agents or companies that they belong to a car pool in order that their coverage be properly adjusted.

In a release entitled "Rejuvenated Car Pool Interest Brings Insurance Questions", the III tells car poolers that, in terms of insurance coverage, they have nothing to worry about. However, a few words of caution are in order.

Insurance on a privately owned, pool shared vehicle is

placed in jeopardy only if the pool is operated for a profit. In the situation where everyone in the pool uses his car an equal amount of time, there is, of course, no problem.

The problem most often arises when one of the car pool participants does not share in the driving chores and thus pays a regular fee.

To preserve insurance coverage, the Institute points that out any car pool fee should not be more than the fair share of gas, oil and general depreciation on the car. A simpler way for the non-sharing passengers to reimburse the pool members is to give a gift sometime during the year to the drivers.

### Double Protection

This divorces the concept of "fee" from the privilege of riding in a car pool and leaves the insurance protection intact.

In the case of car pools involving children, the Institute stresses the importance of wearing seatbelts not only to

protect the children in the case of an accident, but also to prevent the kind of antics that might distract the driver's attention.

Once a car pool participant is convinced that his regular auto insurance is valid, his next concern is the amount of coverage he has.

He should consider bodily injury liability coverage with high limits, according to the Institute, since this is what protects him against claims which others—including his "pool" passengers—can bring against him in an accident.

As an example, says the Insti-

tute, limits of \$300,000-\$500,000 would provide up to \$300,000 coverage for one injury in an accident with a \$500,000 per accident limit.

Medical payments are another important coverage. If written with limits of \$1000, each person in the car can receive up to \$1000 for medical expenses incurred within one year of an accident regardless of who is at fault. The Institute emphasizes that because the dollar limit applies to each passenger separately, there is no need to increase the limit in order to cover additional pas-

sengers. Property damage liability coverage, which protects the motorist against claims resulting from damage to other people's property, is not likely to be affected by involvement in a car pool since the number of passengers would not ordinarily contribute to the amount of property damage done by the car in an accident.

Joining a car pool can be a convenience and a time and money saver—as well as a way of improving the quality of the air we breathe. Don't give up the idea before you give it a try. You may just like "leaving the driving to us."

## Retroactive Pay and Your Taxes

Military members or former members who were entitled to the combat zone tax exclusion or in a missing status during all or part of the period between October 1 and December 31, 1972, may be entitled to a full or partial refund of the Federal income tax withheld from their payment of the retroactive pay increase.

The reason such members may be entitled to a tax refund is that compensation received for duty while in a combat zone or in missing status is not subject to Federal income tax.

But compensation received by officers in the combat zone category is subject to Federal income tax, if they have or will have received more than \$500 for the period of service involved.

Those eligible may obtain a tax refund or a reduction in taxes when they submit their 1974 tax returns.

Defense officials outlined the following steps eligible personnel should take to obtain tax refunds:

- Determine the amount of retroactive pay increase attributable to the service performed while in a combat zone or in a missing status;
- Subtract this amount from the total amount of income reflected in W-2 forms for 1974;
- Enter the difference or remainder in line 9 (wages, salaries, etc.) of Form 1040 or Short Form 1040A, as appropriate;
- Determine the adjusted gross income and appropriate income tax in accordance with

the IRS instruction pamphlet;

- Attach a separate sheet of paper containing a statement explaining that the difference between line 9 and the W-2 forms is the result of combat zone tax exclusion or missing status; and

- Print at the top of Form 1040 or Short Form 1040A "COMBAT PAY EXCLUDED."

Meanwhile, the Military Departments are currently making payment of the retroactive pay increase to all members and former members affected by the change in effective date from January 1, 1973, to October 1, 1972.

The change in effective date came on January 25, 1974, when the United States Court of Appeals for the District of Columbia decided that the President has a constitutional duty to grant, effective October 1, 1972, the Federal pay increase mandated by the Federal Pay Comparability Act of 1970.

In compliance, the President issued an Executive Order on April 12, 1974, authorizing the Services to make retroactive payments.



Teacher, may I leave the room? Joe Sarazak and Art Taylor try to defend against the passing of Dennis Szymanski.



The conquering heroes.



Mark Hatfield is surrounded by Bill Armstrong, Mel Butts and Jimmy Wright.



I didn't hold that man, Ref!



Dave Brubaker puts the move on Joe Zarazak and Jimmy Wright, as Hunter watches.

## Football Frolics

**THE SITUATION:** A phone call between COL James J. McFadden, Chief of Staff, AHS, and LTC John R. Blaker, Commander, VHFS.

**THE INSULT:** LTC Blaker referred to AHS as "a girls school".

**THE CHALLENGE:** A flag football game between the unbeaten AHS Officers, and the untried VHFS Officers team.

**THE EVENT:** Billed as 'The battle of the bulge', the Vint Hillbillies, believing that they couldn't win the game, launched a propaganda war against AHS. The main attack took form in the shape of a scarecrow, an effigy of the Hallstars, planted on the front lawn of the Hall.

**THE GAME:** Pre-game entertainment was provided by the "Country Rockers", a local VHFS Band. With the spectators as fired up as the players, the game began. A play-by-play description of the game was provided by Dan King and Larry Snider; both former disc jockeys, presently stationed at VHFS. The outstanding players of the game were CPT Dennis Szymanski for VHFS, and LT (USN) Jimmy Wright for AHS. Szymanski's football career with the Vint Hillbillies was short lived: he ETSd right after the game.

**THE TOUCHDOWNS:** The scoring for the novice VHFS team was done on some razzle-dazzle plays. In the latter part of the first quarter, VHFS scored on a sweep left, pass right play from Szymanski to MAJ Jim Hunter in the end zone. The Hallstars tied the game up in the second quarter, with a quick run-in touchdown by LT Wright. Both teams missed their point after

attempts, which might have been crucial had VHFS not scored at the end of the game. The Hillbillies put the icing on their cake when CPT Szymanski hit CPT Bill Rose with a pass across the middle, and went on for two more points on a pass to CPT Dave Brubaker.

When the final gun sounded, the scoreboard read: Vint Hillbillies, 14; Arlington Hallstars, 6.

Another girls team bites the dust to Vint Hill.

Remember when the College All-Stars beat the Green Bay Packers?

Team members were:

**VHFS**—LTC D Himmel, Lt J Callaway, CPT R McAlister, CPT D Bruber, MAJ J Hunter, CPT D Szymanski, CPT B Rose, LT M Reagan, CPT B Gaddi, LT J Fuggiti, J Lytle, LT D Hayden, LT D Landergren, LT J Mitchell, CPT B Bernard, MAJ G Sieg, CPT M Hinton, CPT D Shull, LT R Britt

**AHS**—LT M Mastrorocco, LT B Armstrong, LT J Farazak, CPT S Knudsen, CPT A Taylor, LT (USN) J Wright, MAJ M Butts, MAJ J Lazzari, MAJ D Rowe, CPT B Seale, MAJ B Bowe

Story by SP4 Joe Wright

## Volunteer Army

(Continued from p 6)

during the second half of FY 73 when the average GT score for males was slightly lower—116.1 and average WAC GT was almost 10 points lower last year with an average of 116.1.

Agency WACs now number over 1800. Projected strength for Agency WACs is 12 percent of the total ASA strength by the end of the year.

Recruiters are keeping their percentages high in total strength, too. Figures for the first quarter 75 show the Department of Defense is reaching 98 percent of its targeted number. These increases in recruiting were obtained by each of the four armed services with the largest proportionate increase occurring in the Army (up 41%).

A familiar stereotype depicts the recruiter as a sly shyster

who promises the enlistee the world and gives him a peanut. Its a story of false promises, high expectations and multiple disappointments.

Captain P.J. Spriggs, ASA's recruiting officer, takes exception to this line of thinking. He knows of no instances of bad recruiting efforts in ASA. "If there ever was an indication that a recruiter was trying to put something over, his clearance would immediately be pulled."

ASA seems to be holding its own in recruiting efforts: in quality and quantity.

The eligible young men and women who are joining the ranks of those who are "vigilant always" play a big part in current indications that public opinion of the men and women in uniform is on the rise.

A recent poll conducted by the Institute for Social Research at the University of Michigan shows that a representative cross section of Americans re-

gard the US military, compared with 14 other public and private institutions, as doing the most effective job of serving the country. "This is but one of several signs of the vitality of our Armed Forces," comments Deputy Secretary of Defense William P. Clements, Jr., on the survey's findings.

"We are emerging from a difficult period in which public support of the US Armed Forces seemed weak; and the military itself was shaken by questions about its credibility and integrity, by low morale and uncertainty of purpose."

But, the deputy secretary points out, the military has been working hard to deal with its problems, and "although difficulties remain, we have largely regained our confidence, we've established clear priorities, and all of us in Defense are moving together toward well defined objectives."

# Denim Sails Seven Seas

The humble blue jean has been stretched round the world.

In the US fancy patchworked, rhinestone-studded, embroidered, faded blue jeans costing from \$50 to \$500 are all the rage. Traditionalists, however, still cling to the much cheaper, baggy, "Farmer Brown" look.

The French have adopted the American Wild West style. An American firm in Japan is selling more than a million pairs of jeans annually. Fashion-conscious Japanese youth consider the pants a status symbol.

Although American teen-agers made "blue jeans" a household phrase, its origin probably can be traced to Genoa, Italy, the National Geographic Society says. Centuries ago the city specialized in weaving a heavy, twilled cotton cloth called genes. Genoa in French is Genes, and French immigrants brought the cloth with them to America.

The word dungarees arrived from Dhunga, India, where denim work pants were fashioned in the 15th century from cloth woven in the French city of Nimes, a textile center of the sixth century. A blue cotton cloth made there was called *serge de Nimes*. Possibly Columbus used it for the sails of the *Santa Maria*. In about the 15th century, Englishmen imported the cloth and shortened the name. De Nimes became denim.

The word Levis honors a Bavarian immigrant merchant named Levi Strauss who took denim to California during the Gold Rush. He tried to sell the forty-niners tough Nimes serge for tents, but they liked it even better for pants. His work clothes caught on so well that they soon were worn by cowboys and lumbermen as well as miners. Those old cowpokes would snort in disbelief at the lace trimmed denim skirts and sequined denim purses of today.

## The War Runaways

from page 3

injustice, grappled with their conscience while countless thousands died.

"Please pardon me for being melodramatic, but I cannot justify in my own mind punishing someone who, although in extreme minority, showed true guts by following his own beliefs and not those of another."

ASA's Command Sergeant Major's reaction to the

clemency program "is that he (President Ford) is commander-in-chief. He didn't consult me for a recommendation, he has stated his policy, and I either support him or go to work for another boss."

The program allows no grace period for individuals outside the country to return and negotiate for clemency with the option of again fleeing the jurisdiction. All individuals who are eligible for the program and who have no additional criminal charges outstanding who

re-enter the US will have 15 days to report to the appropriate authority from the date of their re-entry. However, this 15 day period shall not extend beyond January 31, 1975, the final date of reporting established in the President's proclamation.

Draft evaders may telephone the Department of Justice at (202) 739-4281 to determine their eligibility status.

Military absentees may call the Army at (317) 542-3417 or by writing US Army Clemency Information Point, Ft Benjamin Harrison, IN 46216.

## EW

from page 10

For ASA, the conference was professionally beneficial. By keeping in close contact with these people, ASA can save money by eliminating duplication of efforts through coordination with other developers.

PFC Charlotte Winchester and PFC Marilyn Bice, two Agency WACs, and CPT Ronald

Poggemeyer and SGM W.L. Stockman, ASA recruiting representatives, were stationed at the display to answer questions and welcome visitors. The recruiters also pointed out to convention attendees that ASA could be just the place for their sons and daughters.

ASA attended the conference as the official element of the Army responsible for EW. The

Agency's role in Army EW was further recognized during a later luncheon meeting in Arlington, VA, when Secretary of the Army, Howard H Callaway, discussed Army EW at the meeting of the Capital Club, Association of Old Crows. There he presented a plaque to MG Godding and Dr. Marvin Lasser, who received the awards for their outstanding contribution to EW.

## WHY THE ARMY?

There are times when we as soldiers are hard pressed to find a self-satisfying reason for the hours of hard work, family separations, field problems and multitude of other requirements unique to the military. Why did you choose the Army as a profession is a question often posed by our civilian friends. Let's consider just how we can answer both ourselves and others as to why we choose the Army as a career.

If it were solely for material gain, a self-satisfying answer could prove difficult. Job security could be considered by many as adequate justification for a military career, but if this alone were the answer it could mean many years of merely "building your time" and awaiting your retirement. I hardly believe an individual would have a truly rewarding career if these goals were his sole purpose in life.

No, the military is not a place to hide from the world, escape responsibility or attain limited

personal goals with a minimum of effort. On the contrary, it is a profession for the individual who is willing to accept a challenge, who will make a personal sacrifice to accomplish a mission. But for those individuals who master its demands and welcome its challenges, both mental and physical, the rewards are many. The self-satisfaction derived from the knowledge that you are a necessary member of a well-trained effective organization is a priceless commodity. Until such time as you can look upon your months and years of military service and know that you have done your utmost to accomplish each and every mission, you will continue to be hard pressed to find a reason for the long hours, family separations, field problems and hard work. You will continue to search endlessly for an answer to your civilian friend.

1SG James E. Smith

## The Spirit of '76

There is an incredible spark, a source of national inspiration and hope and courage, which has carried America through its great 198-year history. It is embodied in what we call the "Spirit of '76."

- It is the spirit of liberty coursing through our national veins, the knowledge that each man's freedom is more important than anything else on earth.
- It is the spirit of sacrifice or willingness to share burdens and meet our responsibilities.
- It is the spirit of optimism, knowing that we can always make things better if only we don't spend too much time speculating on how they might become worse.
- It is the spirit of the frontier, of not fearing to go where we have not yet been.
- It is the spirit of confidence, in the certain knowledge that man can be master of his fate.
- It is the spirit of diversity, allowing every man his own view and tolerating the differences within our society.

Indeed, the Spirit of '76 is many things, each of which has been a building block for our national greatness.

And we should recognize and appreciate that we are the premier nation in the world today, and we have accomplished this in such a relatively short span of time. If we properly use this great strength, we cannot fail to do even more. We have the natural resources and the human resources, all we need is the will — to tap the reservoir, to rekindle the spark that went forth almost 200 years ago.

With a spirit of faith, confidence, and optimism, and with America's indomitable perseverance, we will move ahead into the bright future, and history will one day write the record of the American people: "They lived their lives with distinction, they lived their lives with honor. They found happiness because they pursued it with the zeal of their fathers."

MG D.L. Werbeck, USAF

## Ideas and Opinions

"The exchange of ideas is the very motor of the democratic process"

Alan Barth



3 1262 09682 4957



## Cycle Safety

**Experience  
is  
a Key Factor  
in  
Performance**

